

Work Life Balance: Your Journey to Wellness

Friday, December 1, 2023 (Virtual)

10:00 a.m. - 11:30 a.m. Central Standard Time

OBJECTIVE

Create practical tools that support your individual work life balance by:

- Redefining success.
- Owning your time.
- Creating a life that feels right for you.

COST

\$125 General registration rate

\$100 Early bird registration rate (now through October 31, 2023)

\$100 Nonprofit employees and veterans' registration rate

REGISTRATION

Submit the form under Contact and include the following:

- 1. Your first and last name
- 2. Your email address
- 3. List, "Work Life Balance: Your Journey to Wellness Registration" in subject line.



- 4. In the message section tell us:
- a. Number of registrants and additional names (if applicable).
- b. If you will be applying the non-profit or veterans' discount (For non-profit discount, please include the non-profit organization for which you currently work. For veterans' discount, you will need to show a veteran's ID on or before the training.)

After your form is received, an invoice will be emailed to you for confirmation and payment. Registration fee is refundable only, with written request and through October 31, 2023.

Proceed to form